

# ELECTRA ISD

## 2016-2017 Breakfast & Lunch Menu

Cycle Week 1

Cycle Week 2

Cycle Week 3

Cycle Week 4

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Double B® Smoked Knockwurst Sausage Roll</b>  <b>Fruit Cocktail, Juice, Milk</b>  J.T.M® Golden Pork Chop or FOSTER FARM'S® Chef Salad or Healthy Sack Lunch With JENNIE-O® Ham & Cheese Sandwich  Mashed Potatoes w/Gravy, Green Beans, Fresh Grapes, Fruit Cocktail, Slushy, Milk	<b>DAVE'S BAKING CO.® Banana Muffin Square</b>  <b>Honey Graham Crackers, Strawberries, Juice, Milk</b>  FRITO LAY® Chili Pie or FOSTER FARM'S® Italian Antipasto Salad or Healthy Sack Lunch With WELCH'S® Peanut Butter & Jelly Sandwich  Buttered Corn, Southern Style Beans, Strawberries, Pineapple Tidbits, Slushy, Milk	<b>J&amp;J SNACKS® Dutch Funnel Cake Waffle</b>  <b>Sour Green Applesauce, Juice, Milk</b>  CHEF'S CORNER® Korean BBQ Chicken w/wUNCLE BEN'S® WG Rice or FOSTER FARM'S® Chef Salad or Healthy Sack Lunch With TYSON® Chicken & Cheese Sandwich  Carrot Sticks w/Ranch, Texas Style Baked Beans, Fresh Orange, Sour Green Applesauce, Slushy, Milk	<b>OTIS SPUNKMEYER® Blueberry Muffin</b>  <b>Honey Graham Crackers, Pineapple, Juice, Milk</b>  ADVANCE® Steakfingers w/Gravy or FOSTER FARM'S® Italian Antipasto Salad or Healthy Sack Lunch With WELCH'S® Peanut Butter & Jelly Sandwich  Mashed Potatoes w/Gravy, Green Beans, Fresh Cantaloupe, Pineapple Tidbits, Slushy, Milk	<b>KELLOGG'S® Eggo Bites Cinnamon Mini Waffles or Fruit Cocktail, Juice, Milk</b>  ADVANCE® Nacho Grande or FOSTER FARM'S® Chef Salad or Healthy Sack Lunch With JENNIE-O® Ham & Cheese Sandwich  Carrot Sticks w/Ranch, Lettuce & Cheese Topping w/Diced Tomatoes Fresh Banana, Fruit Cocktail, Slushy, Milk
<b>DAVE'S BAKING CO.® Blueberry Muffin Square</b>  <b>Majestic Pears, Juice, Milk</b>  ADVANCE® Classic Cheeseburger or FOSTER FARM'S® Chef Salad or Healthy Sack Lunch With JENNIE-O® Ham & Cheese Sandwich  French Fries, Lettuce Topping w/Tomato Slice & Pickles Fresh Apple, Majestic Pears, Slushy, Milk	<b>KELLOGG'S® Eggo Bites Blueberry Mini Pancakes</b>  <b>Fruit Cocktail, Juice, Milk</b>  ADVANCE® Chicken Fried Steak w/Gravy or FOSTER FARM'S® Italian Antipasto Salad or Healthy Sack Lunch With WELCH'S® Peanut Butter & Jelly Sandwich  Mashed Potatoes w/Gravy, Southern Style Beans, Fresh Watermelon, Fruit Cocktail, Slushy, Milk	<b>RICH'S® Ultimate Breakfast Round</b>  <b>Pineapple Tidbits, Juice, Milk</b>  TONY'S® Pepperoni Pizza FOSTER FARM'S® Chef Salad or Healthy Sack Lunch With TYSON® Chicken & Cheese Sandwich  Carrot Sticks w/Ranch, Texas Style Baked Beans, Fresh Orange, Pineapple Tidbits, Slushy, Milk	<b>FOSTER FARM'S® Mini Chicken Breakfast Corndogs</b>  <b>Strawberry Applesauce, Juice, Milk</b>  GOLD KIST® Popcorn Chicken or FOSTER FARM'S® Italian Antipasto Salad or Healthy Sack Lunch With WELCH'S® Peanut Butter & Jelly Sandwich  Mashed Potatoes w/Gravy, Buttered Corn, Fresh Grapes, Strawberry Applesauce, Slushy, Milk	<b>PILLSBURY® Mini Cinnamon Rolls</b>  <b>Cinn. Apple Slices, Juice, Milk</b>  LING'S® Szechuan Chicken wUNCLE BEN'S® WG Rice or FOSTER FARM'S® Chef Salad or Healthy Sack Lunch With JENNIE-O® Ham & Cheese Sandwich  Carrot Sticks w/Ranch, Green Beans, Fresh Banana, Cinn. Apple Slices, Slushy, Milk
<b>Double B® Smoked Knockwurst Sausage Roll</b>  <b>Fruit Cocktail, Juice, Milk</b>  STATE FAIR® Chicken Corndog or FOSTER FARM'S® Chef Salad or Healthy Sack Lunch With JENNIE-O® Ham & Cheese Sandwich  Buttered Corn, Green Beans, Fresh Apple, Fruit Cocktail, Slushy, Milk	<b>DAVE'S BAKING CO.® Banana Muffin Square</b>  <b>Honey Graham Crackers, Strawberries, Juice, Milk</b>  GOLD KIST® Grilled Chicken Sandwich or FOSTER FARM'S® Italian Antipasto Salad or Healthy Sack Lunch With WELCH'S® Peanut Butter & Jelly Sandwich  French Fries, Southern Style Beans, Fresh Banana, Sour Green Applesauce, Slushy, Milk	<b>J&amp;J SNACKS® Dutch Funnel Cake Waffle</b>  <b>Sour Green Applesauce, Juice, Milk</b>  GREEN DRAGON® Teriyaki Chicken wUNCLE BEN'S® WG Rice or FOSTER FARM'S® Chef Salad or Healthy Sack Lunch With TYSON® Chicken & Cheese Sandwich  Buttered Corn, Carrot Sticks w/Ranch, Fresh Grapes, Cinn. Apple Slices, Slushy, Milk	<b>OTIS SPUNKMEYER® Blueberry Muffin</b>  <b>Honey Graham Crackers, Pineapple, Juice, Milk</b>  TYSON® Chicken Tenders w/Gravy or FOSTER FARM'S® Italian Antipasto Salad or Healthy Sack Lunch With WELCH'S® Peanut Butter & Jelly Sandwich  Mashed Potatoes, Gravy, Green Beans, Strawberries, Peaches, Slushy, Milk	<b>KELLOGG'S® Eggo Bites Cinnamon Mini Waffles or Fruit Cocktail, Juice, Milk</b>  ADVANCE® Nacho Grande or FOSTER FARM'S® Chef Salad or Healthy Sack Lunch With JENNIE-O® Ham & Cheese Sandwich  Carrot Sticks w/Ranch, Lettuce & Cheese Topping w/Diced Tomatoes Fresh Banana, Strawberry Applesauce, Slushy, Milk
<b>DAVE'S BAKING CO.® Blueberry Muffin Square</b>  <b>Majestic Pears, Juice, Milk</b>  ADVANCE® Classic Cheeseburger or FOSTER FARM'S® Chef Salad or Healthy Sack Lunch With JENNIE-O® Ham & Cheese Sandwich  French Fries, Lettuce Topping w/Tomato Slice & Pickles Fresh Grapes, Fruit Cocktail, Slushy, Milk	<b>KELLOGG'S® Eggo Bites Blueberry Mini Pancakes</b>  <b>Fruit Cocktail, Juice, Milk</b>  TYSON® Chicken Nuggets w/Gravy or FOSTER FARM'S® Italian Antipasto Salad or Healthy Sack Lunch With WELCH'S® Peanut Butter & Jelly Sandwich  Mashed Potatoes w/Gravy, Green Beans, Fresh Apple, Majestic Pears, Slushy, Milk	<b>RICH'S® Ultimate Breakfast Round</b>  <b>Pineapple Tidbits, Juice, Milk</b>  TONY'S® Pepperoni Pizza or FOSTER FARM'S® Chef Salad or Healthy Sack Lunch With TYSON® Chicken & Cheese Sandwich  Buttered Corn, Carrot Sticks w/Ranch Fresh Orange, Cinn. Apple Slices, Slushy, Milk	<b>FOSTER FARM'S® Mini Chicken Breakfast Corndogs</b>  <b>Strawberry Applesauce, Juice, Milk</b>  BALLPARK® Hot Dog or FOSTER FARM'S® Italian Antipasto Salad or Healthy Sack Lunch With WELCH'S® Peanut Butter & Jelly Sandwich  French Fries, Texas Style Baked Beans, Fresh Watermelon, Peaches, Slushy, Milk	<b>PILLSBURY® Mini Cinnamon Rolls</b>  <b>Cinn. Apple Slices, Juice, Milk</b>  LOS CABOS® Bean & Cheese Burrito or FOSTER FARM'S® Chef Salad or Healthy Sack Lunch With JENNIE-O® Ham & Cheese Sandwich  Carrot Sticks w/Ranch, Southern Style Beans, Fresh Banana, Strawberry Applesauce, Slushy, Milk



### CHILD NUTRITION DEPARTMENT "MENU IS SUBJECT TO CHANGE"

"Meal Benefit Applications" are available in the school cafeteria or office.  
For more information on the School Nutrition Department, please visit our district website.

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